

24 小時尿液收集方法

Urine collection for 24 hours

1. 第一天將早上起床第一泡尿解掉不收集。(通常是從早上 8 點算起)

The first void of urine in the morning shall be discarded (Starting from 8 A.M)

2. 第二泡尿液開始收集至尿液收集桶中。VMA, 17-KS, 17-OHCS, 5-HIAA 等檢驗項目需加入防腐劑。注意：請先將第二泡尿液解進集尿桶後，再倒防腐劑入收集桶內。

Collect the second void of urine. Test item such as VMA, 17-KS, 17-OHCS, 5-HIAA shall be added with preservatives. Notice: Preservatives shall be put into the container after the second void of urine collection is taken.

3. 接下來的時間只要有尿液均需收集入尿桶。

Collect all urine into the container for the following voiding.

4. 收集至第二天早上 8 點，此次尿液要留（共計 24 小時）。

The urine collection procedure shall be finished at 8 A.M of next morning (24 hours in a total).

5. 從尿桶所附之刻度計算尿總量，並記錄在檢驗單上。

Sum up the amount of urine via measuring the graduation marked on the container, and write it on the test requestion sheet.

6. 將整桶尿液充分混和（可利用吸管混合之）。

Well mix the urine container (use pipet).

7. 用吸管吸取尿液沖洗先前裝藥之試管後，再用吸管取尿液至該試管（約 8 分滿），蓋上白色蓋子。

Rinse the test tube that previously filled in with preservatives, and aspirate the urine with pipet into the test tube (about 3/4 full), cover it up with a white cap.

8. 連同檢驗單、試管送至門診檢驗室（尿桶不用帶來）

Deliver the test request ion sheet along with the test tube to OPD Lab. (It is unnecessary to bring in the urine container).

■ 注意事項：

1. 防腐劑是鹽酸（6N HCl），有腐蝕性，請小心不要傾倒。

The preservatives (6N HCl) is corrosive. Please pay special attention not to topple it over.

2. 收集尿液期間可以正常飲食及飲水。

There is no limitation on food or drinking the period of urine collecting.

* 門診檢驗室抽血櫃臺免費提供尿桶。

The collection container is available at OPD Lab.

* 若有任何疑問，請電話詢問檢驗科

For any questions, please call laboratory for inquiry

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